



Frequently Asked Questions

At what age do people start playing polo? I haven't ridden before; can I still learn to play?

You can play polo at any age. The USPA offers various programs for children as well as adults and prior riding experience is not necessary.

What is the best way to get started playing polo?

Contact the Regional Polo Center in your area or call Kris Bowman at 1-800-232-USPA to find a qualified polo school near you.

How much will it cost for lessons?

As a beginner, contact your local club or Regional Polo Center inquiring about lessons and costs. Ask about any special promotions or ask about a discount if you bring a friend, family member or a group. Group lessons are fun and affordable!

What do I need to get started?

Our Regional Polo Centers or a USPA Member Club should provide safe mounts, knowledgeable instructors, and basic equipment including helmet, mallet and tack. We recommend you wear a comfortable shirt with room for movement, a pair of jeans or riding breeches and a pair of sturdy hard soled shoes or boots.

How do I join the US Polo Association?

Go to www.uspolo.org and click on the "Join Now" link to join online or you can download an application and submit it to the USPA Lexington office by mail or fax at 859-219-0520.